



## Key Knowledge

**fertilisation**

The male and female sex cells fuse together.

**prenatal**

The cells develop and grow into a foetus inside the mother's uterus. After around nine months, the baby is born.

**infancy**

Rapid growth and development. Children learn to walk and talk.

**childhood**

Children learn new skills and become more independent.

**adolescence**

The body starts to change over a few years. The changes occur to enable reproduction during adulthood. Much more independent.

**middle adulthood**

Ability to reproduce decreases. There may be hair loss or hair may turn grey.

**late adulthood**

Leading a healthy lifestyle can help to slow down the decline in fitness and health which occurs during this stage.

**early adulthood**

The human body is at its peak of fitness and strength.

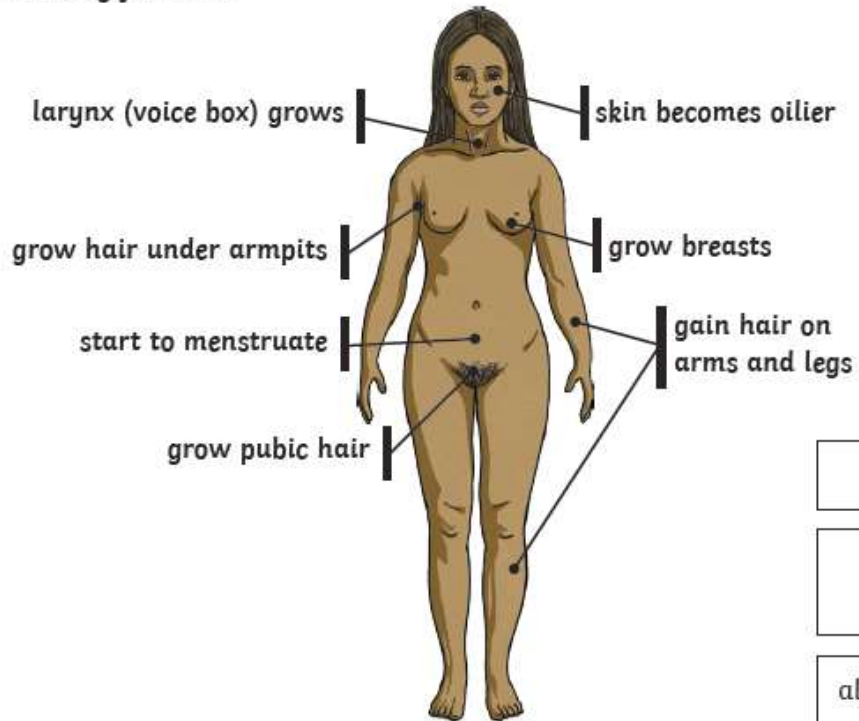
## Key Vocabulary

<b>fertilisation</b>	The process of the male and female sex cells fusing together.	What careers can I achieve through this?
<b>prenatal</b>	The stage of development from the time of <b>fertilisation</b> to the time of birth.	Social worker
<b>gestation</b>	The process or time when prenatal development takes place before birth.	Midwife
<b>reproduce</b>	To produce young.	Doctor
<b>asexual reproduction</b>	A process where one parent produces new life.	Nurse
<b>sexual reproduction</b>	A process where two parents – one male and one female – are required to produce new life.	Care worker
<b>life cycle</b>	The changes a living thing goes through, including reproduction.	

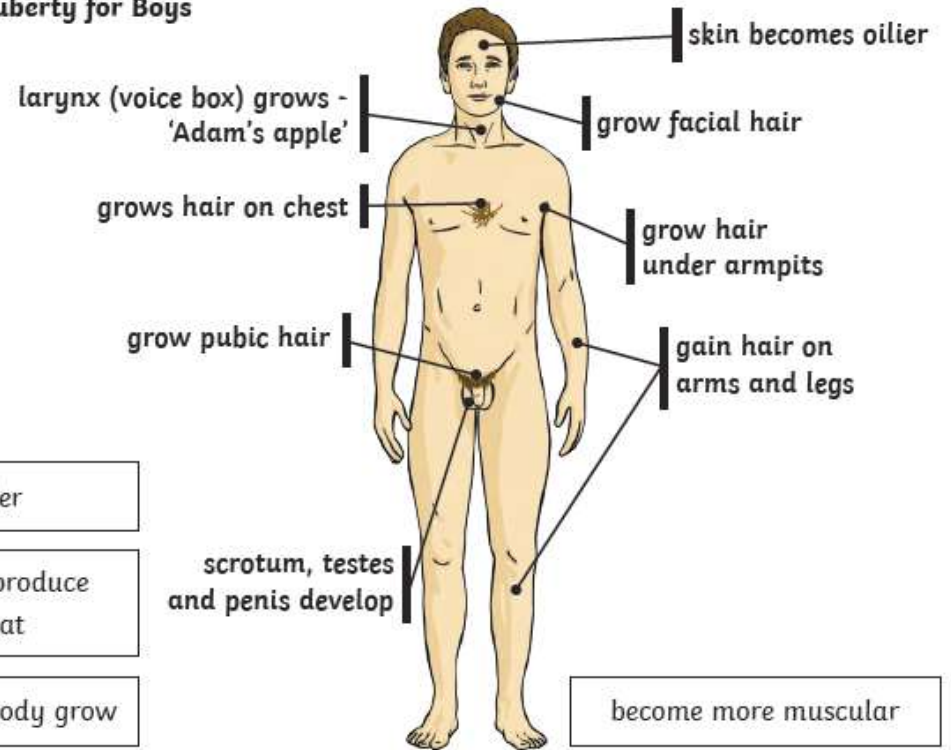


## Key Knowledge

## Puberty for Girls



## Puberty for Boys



grow taller

sweat glands produce more sweat

all parts of the body grow

## Key Vocabulary

<b>adolescence</b>	The social and emotional stage of development between childhood and <b>adulthood</b> .
<b>puberty</b>	The physical stage of development between childhood and <b>adulthood</b> .
<b>menstruation</b>	When the female body discharges the lining of the uterus. This happens approximately once a month.
<b>adulthood</b>	The stage of development when a human is fully grown and mature.
<b>life expectancy</b>	The length of time, on average, that a particular animal is expected to live.