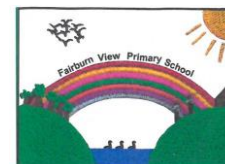


## SCARF Yearly Overview

Clear and comprehensive scheme of work in line with the National Curriculum. The PSHE curriculum has 6 core learning themes: Me and My Relationships, Valuing Difference, Rights and Responsibilities, Keeping Myself Safe, Being My Best and Growing and Changing. The SOW covers the DfE statutory requirements for both Relationships and Health Education (RSHE) and includes lessons that cover subjects which are not DfE requirements but which are included to ensure a complete PSHE programme, including British Values, Cultural Capital, and SMSC.

Online safety British Values Mental Health & Well-Being Enrichment Diversity Protected characteristics (race, race, sex, religion/belief, disability, gender) reassignment

PSHE Curriculum framework coverage						
TERM	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Unit:</b>	Me and my relationships	Valuing Difference	Keeping Myself Safe	Rights and Respect	Being my Best	Growing and Changing
<b>Nursery</b>	What makes me special People close to me Getting help	Similarities and Difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
<b>Year 1</b>	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
<b>Year 2</b>	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
<b>Year 3</b>	Rules and their purpose	Recognising and respecting diversity	Managing risk Decision-making skills	Skills we need to develop as we grow up	Keeping myself healthy and well	Relationships



	Cooperation Friendship (including respectful relationships) Coping with loss	Being respectful and tolerant My community	Drugs and their risks Staying safe online	Helping and being helped Looking after the environment Managing money	Celebrating and developing my skills Developing empathy	Changing bodies and puberty Keeping safe Safe and unsafe secrets
<b>Year 4</b>	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests	Body changes during puberty Managing difficult feelings Relationships including marriage
<b>Year 5</b>	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
<b>Year 6</b>	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudicebased bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Sex education Self-esteem