

Progressive
Vocabulary
Flow Chart

Year 1

Safe Space Aim
Fast Slow Forwards
Backwards Bend

Athletics

Year 6

Momentum Force
Continuous Trajectory
Competition Transfer

Year 2

Underarm Overarm
Jog Sprint Distance
Height Landing Rules

Year 3

Speed Control Pace
Take-off Power Grip
Accuracy Strength
Stance Low-High

Year 4

Stamina Faster
Personal Best (PB)
Technique Rotation

Year 5

Flight Rhythm Stride
Upsweep Downsweep
Rotation

Physical
Education

School
View Primary
Fairburn

Progressive
Vocabulary
Flow Chart

Year 1

Fast Slow Safely
Move Copy Space
Shape Balance

Dance

Year 6

Phrase Variation
Technique Fluently
Improvisation
Contrast

Year 2

Travel Level
Beginning End Speed
Direction Canon

Year 5

Canon Unison
Formation Posture
Explore

Year 3

Count Create
Routine Repetition
Control

Year 4

Match Mirror Timing
Performance Rhythm

Physical
Education

School
View Primary
Fairburn

Progressive
Vocabulary
Flow Chart

Year 1

Forwards Backwards
Sideways Shape
Space Travel Jump
Roll Rock Safely

Gymnastics

Year 6

Counter Balance
Stability Fluent
Momentum
Formation Timing

Year 5

Rotation Synchronise
Tension Quality
Symmetry

Physical
Education

Year 4

Sequence Perform
Explore Flow Create
Extension Mirror
Match

School
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Fairburn

Year 2

Direction Balance
Speed Copy Levels
Equipment

Year 3

Tuck Pike Straddle
Star Apparatus Link
Routine Control

Progressive
Vocabulary
Flow Chart

Year 1

Partner Team Safe
Space Forwards
Backwards

Invasion
Games

Year 6

Consistently Turnover
Dominate Formation
Dictate Concede

Year 2

Pass Dribble Score
Goal Teammate Area

Year 5

Support Movement
Pressure Obstruction
Foul Tactics

Year 3

Possession Mark
Footwork Rebound
Interception

Year 4

Opposition Tackle
Contact Pivot Court
Pitch Outwit

Physical
Education

Fairburn
View Primary
School

Progressive
Vocabulary
Flow Chart

Year 1

Catch Throw Team
Safe Space
Forwards Backwards

Net & Wall
Games

Year 6

Consistently Deep
Attacking Spin
Pressure

Year 2

Partner Score Points
Net Ready Position
Direction

Year 5

Receiver Outwit Set
Footwork Awareness
Volley

Year 3

Receive Court/Table
Collect Against
Racket/Bat Serve

Year 4

Return Defend
Control Forehand
Backhand Accuracy

Physical
Education

School
View Primary
Fairburn

Progressive
Vocabulary
Flow Chart

Year 1

Pass Roll Space
Team Run Around
Throw Catch

Striking &
Fielding

Year 6

Backing Up Outwit
Tactics Overtake
Run-Out Obstruction
LBW

Year 2

Hit Target Score
Points Send
Received Runs

Year 3

Fielder Batter
Bowler Backstop
Wicket Keeper Grip

Year 5

Retrieve Opposition
Stumped Technique
Long Barrier Support

Year 4

Bowl Strike Wicket
Base Stance
Rounder Short barrier

Physical
Education

School
View Primary
Fairburn

Progressive
Vocabulary
Flow Chart

Year 1

Run Jump Space
Safely Balance Start
Stop

Health &
Fitness

Year 6

Determination Record
Analyse Continuous
Explosive Momentum
Engage

Year 5

Technique Agility
Drive Power
Endurance
Temperature

Physical
Education

Year 4

Co-ordination Muscle
Stamina Healthy
Personal Best (PB)

Fairburn
View Primary
School

Year 2

Exercise Body Speed
Jog Sprint Race
Effort

Year 3

Pace Breathing
Strength Distance
Control

