



# Fairburn View Primary School

## P.E. Policy

September 2023

Signed by: \_\_\_\_\_

**Chair of Governors**

**Review Date:**

## **Intent**

Create and follow a PE curriculum which is broad and balanced. Providing all pupils with opportunity to participate in lessons which will develop their skills and knowledge in a variety of sporting areas. Pupils will not only learn how to perform skills and the importance of them, but also, understand when to apply their learnt skills. Encourage and educate pupils on how to live healthy and active lifestyles. The Holistic development of pupils: Health (Physical & Mental), Well-Being, Resilience, Confidence, Desire to try and succeed, work with and help others.

## **Implementation**

Since September 2013, Fairburn View has employed a full time PE specialist who has lots of experience in teaching PE at Secondary, as well as Primary school level. Mr Welka is responsible for the planning, monitoring, recording and assessing of all areas within PE to ensure consistency. The curriculum covers all key areas within the National curriculum and boasts the implementation of over Twenty different sporting areas within an academic year (UFS to Year 6). Extra-curricular activities are a key part of school life at Fairburn View. Every pupil has access to at least one additional hour of physical activity every week. Every dinnertime also provides pupils with the opportunity to participate sports (Dinnertime is one hour long). Competitions are regularly available whether that be through Inter-school events/competitions/fixtures or Intra-school including House competitions. PE kit is a requirement for every lesson and this is clear across whole school and with parents/carers. Rewards and sanctions are used to ensure kit is no barrier to learning. Where kit is an issue, spare PE kit purchased by school is readily available.

Our broad and balanced curriculum provides pupils to participate in a wide variety of sports, some of which they will have never experienced before e.g. Swimming, Kickboxing, Table-tennis to name a few. These are taught in addition to other sports in an attempt to encourage pupils to take up a sport/physical activity outside of school. The main hall showcases several displays, two of which include 'Healthy Living' and 'Sugar in Drinks'. As well as PE lessons (two hours per week) every pupil has the opportunity to participate and choose to lead a healthy lifestyle through selecting weekly extra-curricular clubs and other organised sports at dinner-time.

A whole school emphasis on 'I Can and I Will' is embedded in every aspect of school life. Not only lessons, but assemblies and even guest speakers are involved in promoting this. Our broad and balanced curriculum not only allows pupils to develop knowledge of skills, but also provides opportunities for pupils to take on other roles which can develop key skills on a wider level. Pupils are regularly provided with opportunities to self and peer assess, officiate, demonstrate and persevere through new or difficult skills. Extra-curricular clubs allow additional development of these areas along with the opportunities at dinnertimes. Whole school but definitely within PE, we place a big emphasis on getting our pupils 'secondary school ready'. This is done through how lessons are structured, emphasis on being independent, prepared and organised with kit. Roles which pupils take within lessons and opportunities available prepare our pupils for the next stage in education.

## Impact

All pupils will participate in every PE lesson, therefore increasing chance of development. All pupils will enjoy and look forward to lessons. This will develop a desire to demonstrate effort and succeed whilst also develop skills of independence through bringing their kit. All pupils will have the opportunity to demonstrate that they are working at age related or above. Where this is not achieved, 'points progress' will be used to demonstrate progression.

Pupils will develop their knowledge of living a healthy and active lifestyle. This will be demonstrated through their food choices at registration, break and dinner-times, as well as, their willingness for additional participation in physical activity at and after school.

The amount of opportunities available to participate in physical activities, automatically promotes all pupils physical and mental health, as well as well-being. Emphasis that is not solely placed on assessment and numbers means that all pupils feel a sense of achievement and success in some area. This develops behaviour, confidence and a better attitude to all aspects of learning.

## Whole school overview

Year	Autumn 1 (8)		Autumn 2 (7)		Spring 1 (5)		Spring 2 (5)		Summer 1 (7)		Summer 2 (7)	
<b>LFS</b>	Multi-Skills/Music		Gymnastics/Music		Multi-Skills/Music		Multi-Skills/Music		Multi-Skills/Music		Multi-Skills/Music	
<b>UFS</b>	Multi-Skills (ABC)		Gymnastics		Multi-skills (D&C)		Multi-Skills (H-E Co)		Multi-skills T&C		Sports Day Prep	
<b>Year 1</b>	Multi-skills (ABC)	Football	Multi-skills (H-E Co)	Gymnastics	Multi-skills (D&C)	Indoor Games	Multi-skills (P&R)	Tag Rugby	Multi-skills (T&C)	Cricket/Rounders	Multi-skills (Games)	Sports Day Prep
<b>Year 2</b>	Multi-skills (ABC)	Football	Multi-skills (H-E Co)	Gymnastics	Multi-skills (D&C)	Dance	Multi-skills (P&R)	Tag Rugby	Multi-skills (T&C)	Cricket/Rounders	Multi-skills (Games)	Sports Day Prep
<b>Year 3</b>	Health & Fitness	Multi-skills	Hockey	Gymnastics	Dance	Netball	Tag Rugby	Orienteering	Cricket	Athletics	Tennis	Athletics
<b>Year 4</b>	Health & Fitness	Multi-skills	Hockey	Gymnastics	Dance	Netball	Tag Rugby	Orienteering	Cricket	Athletics	Tennis	Athletics
<b>Year 5</b>	Health & Fitness	Football	Dodgeball	TableTennis	Dance	Netball	Tag Rugby	Orienteering	Cricket	Athletics	Tennis	Athletics
<b>Year 6</b>	Health & Fitness	Swimming	Dodgeball	Swimming	Netball	Swimming	Tag Rugby	Swimming	Athletics	Swimming	Rounders	Swimming

## **Facilities/Equipment**

We are very fortunate that we have access to a large school field which can accommodate two football pitches, 200m running track, Cross-country outline and several 10m x 10m grids. Since moving into our new school building in 2016, we have gained a large caged off MUGA, hall and smaller dining hall which can be opened up through bi-folding doors to create one large hall. In addition to this, we have several trim trails and climbing areas which are used with EYFS, KS1 and SEN to develop balance and co-ordination. These are also available for all pupils at dinnertime based on a weekly rota.

In terms of equipment, we have an extensive range of sporting equipment to accommodate 20-30 sports/activities covered throughout an academic year.

We provide our pupils with all of the basic sporting equipment you would expect (please contact Mr Welka if you would like further details on this). However, some examples of other equipment include:

- Table Tennis tables
- High Jump (including four large crash mats which can be used for other activities)
- Several full size Netball posts
- Six built up Football nets
- Two built up Rugby posts
- Boccia equipment
- Wide range of Athletics equipment

## **Progress**

In PE, a non-core subject, a test is not applicable when measure pupil progress. Therefore, quiz/test sheets about rules and skills etc (one at the beginning of a new topic and one at the end) are sometimes used as an appropriate assessment measure. Using these shows immediate progress within each topic and allows teachers to give summative assessment, which is built up over the year. Teacher observations are the main method used to assess pupils within PE. However, with the recent implementation of iPads being used within PE lessons by staff, we are now using pictures and videos to record activities, evidence progression and demonstrate knowledge and understanding through questioning. We record examples of the pupils skills and share them on Seesaw, they can also use this to discuss their or others performance. Pupils will demonstrate their knowledge and skills learnt each lesson, as well as, take on officiating roles to demonstrate further knowledge.

## **Inclusion/SEN**

Teaching PE to pupils with SEN is an extension of good practice, via detailed planning and adaptive teaching. It is important that the pupil's abilities and needs, not disabilities, are

emphasised. This will not only improve their movement skills, but may also help to change feelings of under achievement and low self esteem.

The four principles for a physical education programme for pupils with special needs are:

- Entitlement
- Accessibility
- Integration
- Appropriateness

At Fairburn View Primary School, pupils with SEN are successfully integrated into lessons with their class. Where one-to-one support is needed, pupils will be accompanied by support teachers. Additionally, selected pupils may participate in Physiotherapy if directed to by the NHS.

The availability of Mr Owen (PE HLTA) provided additional support to pupils who need it, this extends to participating in weekly year 6 swimming lessons to further aid specific pupils.

## **Assessment**

Each scheme of work (sport/activity) runs for the duration of a half term. Throughout the scheme a variety of skills will be looked at which contribute to their assessment.

All pupils in Nursery and UFS are assessed using the 'Early Learning Goals' that are related to physical movement and development.

As there is no assessment criteria provided in the NCPE, Mr Welka has created 'Assessment Bands' for all sporting areas in the curriculum. These assessments bands operate on the nationally used method of identifying whether a pupil is age-appropriate or not. Our whole school method works on the format of: beginning (b), within (w) and secure (s) for each year group and all PE assessment bands follow the same format.

Assessment is on-going with opportunities to demonstrate each criteria in a closed activity as well as a competitive situation. Assessment bands are used and regularly referred back to in every lesson, depending on what the WALT is.

Mr Welka has also created his own version of 'P Scales' within PE. Here, all SEN pupils who have been identified as having physical difficulties when accessing the curriculum, have their own P scale booklet ranging from P4 to P8. Each P Band has a variety of criteria that the pupil has to achieve before progressing to the next P Band.

As Mr Welka has created both the 'Assessment Bands' and 'P Scale Bands', they both show consistency of progression from start to finish and allow a clear step by step format which is simple to follow when assessing pupils.

## **Spiritual, Moral, Social and Cultural Development**

### **Spiritual:**

- Gaining a sense of enjoyment and fascination in learning about themselves, others and the world of PE and sport around them.
- The use of imagination and creativity in learning.
- A willingness to reflect on own and others' experiences.

### **Moral:**

- Recognising the difference between right and wrong in sporting, tactical and sportsmanship situations and knowing how to apply this understanding in their own lives.
- Discussing and giving reasoned views about moral and ethical issues in sport, and being able to understand and appreciate the viewpoints of others on these issues.

### **Social:**

- Being able to cooperate well with others and resolve conflicts effectively through team games and individual sports/games.
- An understanding and acceptance of the fundamental British values of democracy, the rule of law, mutual respect and tolerance of those with different faiths and beliefs; the pupils develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain.

### **Cultural:**

- Participating in, and responding to, for example, artistic, sporting, and cultural opportunities.
- An interest in exploring, improving, understanding of and showing respect for different faiths and cultural diversity. The extent to which they understand, accept, respect and celebrate diversity, as shown by their tolerance and attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

## **Monitoring and Evaluation**

Monitoring and evaluation take place in the following ways:

- The subject leader along with SLT and/or SIP will complete a 'deep dive' with their subject once a year and complete a subject evaluation form.

- Subject leader will monitor the implementation of the progression map, through book scrutiny.
- SLT plus the subject leaders monitor PE planning each half-term. The subject leader is responsible for overseeing PE across school.

## **Extra-Curricular**

We offer our pupils an extensive range of extra-curricular activities whole-school, as well as within PE.

All clubs run from 3:00pm to 4:00pm and we are able to offer a variety of clubs because we have a whole school policy where EVERY staff member must lead and organise at least one after school club for a half-term every year.

PE offers at least three after school clubs every week. All of which are lead by Mr Welka or Mr Owen and range from Year 1 to Year 6, therefore, all pupils have access to an extra hour of physical activity every week.

Depending what is being covered that half term in the curriculum will influence what after school club is on offer. This way, pupils are able to develop and build on the skills learnt within their lessons, which as a result, will have a positive impact on their confidence and potential to reach 'age-appropriate' when being assessed.

Some of our extra-curricular clubs include:

- Football
- Multi-skills
- Dodgeball
- Indoor Games
- Netball
- Hockey
- Dance
- Table Tennis
- Volleyball
- Tag Rugby
- Cricket
- Rounders
- Athletics

## **Competitions**

Where possible, we always engage our pupils in competitive activities in order to learn and develop key skills that come with this. The importance of Sportsmanship, Fair play, Team work and communication are vital, in addition to developing knowledge of rules and taking on different roles including referee/official, time-keeper etc.

Competition is embedded through different stages at Fairburn View, whether that be in PE lessons, dinner-time activities or extra-curricular clubs. We often arrange sporting fixtures against other local primary schools in a variety of sports and enter as many competitions as possible on offer. These may be through our SGO and our schools local 'Five Towns Events', Pyramid competitions or attending events that are held by private companies including Barnsley FC and Elite Coaching.

Since the introduction of our House system, competitions between each house takes place on Friday afternoons or during lesson times. This rotates between different year groups and sporting events throughout the year. Points are awarded for different things which will contribute to the whole-school scoring system at the end of each term.

## **Health & Safety**

### **Equipment Safety**

- The apparatus must be checked before use to ensure that it is in good working order.
- Apparatus in need of repair should be marked accordingly and put away where it cannot be used, until repaired.
- All apparatus should be carried from place to place rather than being dragged, thus preserving the apparatus, and minimising the risk of damage to the floor (causing splinters etc.). Between two and four pupils should carry the benches depending on the age and size of the pupils.
- Apparatus should not be placed too near walls, radiators, etc. - sufficient space must be allowed for landing, etc.
- Pupils must be taught to handle apparatus correctly, although such handling must only take place with the teacher's permission, under the teacher's supervision, and be checked by the teacher prior to the apparatus being used.
- Ensure that all floors are clean, dry and clear of litter, etc. Do not start the lesson if you think the floor is too dirty.
- Check that the hall is adequately heated and well lit, and that the surrounding chairs, tables, objects, etc. are safely stored and well clear of any fire exits. Try to restrict the activity to a one-metre boundary from the surroundings.
- Field/playground checked prior to lessons to ensure that there are no objects, glass or areas of uneven surface. Field will be cut and treated upon request to prevent over growth.

## **Pupil Safety**

- All pupils should wear appropriate kit (see 'Lessons/Expectation').
- During PE lessons no jewelry should be worn. It has been communicated to parents that stud ear-rings are worn at parental discretion. If pupils are unable to take out any ear-rings that are looped or dangle, tape will be applied.
- Teachers should be aware of any pupils with medical conditions, asthma etc., which should be noted in the class register. Inhalers should be on hand.
- All teachers within school have undergone first aid training and training is constantly monitored and updated.

## **Achievements**

- School Games Mark 2016-17 - GOLD
- School Games Mark 2017-18 - GOLD
- School Games Mark 2018-19 – GOLD
- Centre of Excellence for PE and School Sport 2018-19
- School Games Mark 2021-22 – GOLD
- School Games Mark 2022-23 – GOLD
- afPE Quality Mark for Physical Education, School Sport & Physical Activity 2022-25
- School Games Mark 2023-24 – PLATINUM

## **Safeguarding**

At Fairburn View Primary school we take the safeguarding of our staff and students seriously. Any concerns raised within the teaching of PE must be directed to a member of the DSL team, in line with the schools safeguarding policy.

## **Parental Engagement**

Through our school website and Facebook pages, parents/careers are kept up to date with school life, and where appropriate this is PE specific.

PE has its own Facebook page which is regularly updated and is auto linked to the school website.

Any tournaments, fixtures or sporting events we have for pupils are available for parents to attend.

Parents, during consultations and reports, are kept up to date and involved with pupils' attainment within the subject.